PROFESSIONAL DEVELOPMENT TRAINING

3158 3955

REQUEST QUOTE

0.5 DAY COURSE

Making the most of being Mentored

This Making the Most of Being Mentored training course provides you with practical, step-by- step methods that improves the quality and result of mentoring relationship by providing mentees a general understanding of the mentoring process, maintaining a mutually pleasing mentor/mentee relationship, helping mentees appreciate the benefits of mentoring and teaching mentees about their role in the mentoring relationship.

This Making the Most of Being Mentored training course can be delivered at your premises anywhere in Singapore by one of our expert local or international trainers.

Contact us today for a group quote.

What You'll Gain:

As experienced, knowledgeable and motivated as you are, learning from a mentor who is familiar with the fine points of your organization and your field can be a great business asset. However, the task to locate that person, create a strong relationship, and put your knowledge to work starts with YOU. Find out how to build and uphold a mutually rewarding mentor/mentee relationship through the Making the Most of Being Mentored training course from PD Training.

As skilled, educated and motivated as you are, learning from someone who knows the ins and outs of your organization and your industry can be a powerful business asset. But the responsibility to find that person, build a strong relationship, and put your knowledge to work starts with you. Learn how to create and maintain a mutually rewarding mentor/mentee relationship.

Outcomes

- Know why a mentoring relationship is beneficial to the mentee, the mentor, the organisation and even to friends and family
- Understand the responsibilities of mentees in managing their own personal development and career growth
- Master the skills needed for fostering successful mentoring partnerships

- Provide guidance on building and maintaining productive mentoring relationships
- Identify techniques for maximizing results
- Learn new skills that contribute to the success of the organization

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Modules

Lesson 1: The Heart of the Mentoring Relationship

- The Trio Definitions
- The Benefits of Being Mentored
- Mentoring in the Past
- Mentoring Today
- The Trend Continues
- Mentor-Mentee Mutuality
- The Essence of Mentoring
- Realizing Potential
- The Mentoring Commitment
- Part Summary

Lesson 2: The Proactive Mentee

- The Proactive Mentee
- The Mentee as Collaborator
- Inviting a Mentor to Collaborate
- Managing Your Own Development
- Our Own Motivation & Sense of Self-Determination
- The Value of Being an Active Learner
- Making a Habit of Lifelong Learning
- Creating a Flexible Life Plan
- Shifting Your Mental Context
- Staying Flexible
- Part Summary

Lesson 3: Seven Critical Mentee Skills

- Identifying Effective Mentee Skills
- Skill 1: Ask Productive Questions
- Skill 2: Develop Triple-Level Listening Skills
- Skill 3: Use Trust as Your Glue
- Skill 4: Overcome the Awe Factor
- Skill 5: Resolve or Manage Differences
- Skill 6: Capture the Gifts of Learning
- Skill 7: Internalize the Learning
- Part Summary

Lesson 4: Building a Productive Relationship

- Build a Productive Relationship
- Form the Mentoring Relationship
- Create Guiding Principles
- Establish Procedures for Meetings
- The Spectrum of Mentor & Mentee Interactions
- The Evolution of the Partnership
- Types of Mentoring Relationships
- Align Expectations
- Giving Back: Balancing the Relationship
- The Emergent Property: Synergy
- Part Summary

Lesson 5: Fine Tuning & Transitioning the Mentoring Relationship

- Creating Balance in Your Life

Lesson 6: Conclusion

- Course review
- Planning engagement with your mentor

- Identifying and Using Learning Styles
- Workplace Diversity: Gaining a New Perspective
- Embracing Change
- Overcoming Inertia in the Organisation
- Transitioning / Ending the Relationship
- Part Summary
- Post Course assessment if required

Talk to our expert team

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