PROFESSIONAL DEVELOPMENT TRAINING

Active Listening Training - The Secret of Great Communicators!

3158 3955

REQUEST QUOTE

0.5 DAY COURSE

Active listening is much more powerful then just hearing what someone has said. It gives the speaker and the listener more motivation to interact as both are appreciating the message through the art of listening closely, and understanding the true meaning behind the words.

In this half-day Active Listening training course, you will learn how to listen actively, understand what was said and then respond appropriately. Using techniques like parroting, maintaining eye-contact, making subtle vocal sounds of agreement or disagreement and others, you will become a more effective communicator in all situations, whether during a one-on-one conversation at home or in business meetings.

This Active Listening training course can be delivered at your premises anywhere in Singapore by one of our expert local or international trainers.

Contact us today for a group quote.

What You'll Gain:

Hearing and listening are two different skills and active listening is the key to effective communication. If you want to enhance your active listening skills, enrolling in an Active Listening training course is an ideal way to improve your ability to communicate professionally. Listening actively involves paying full attention to the one talking, listening between the lines, observing nonverbal communication cues and asking the right questions.

Effective listening is actively absorbing the information given to you by a speaker, showing that you are listening and interested and providing feedback to the speaker so that he or she knows the message was received as intended.

This fun and interactive **Active Listening Skills Training Program** will provide practical skills and knowledge that will help you transform your personal and professional interactions and lead to more rewarding and meaningful forms of communication.

Outcomes

In this course participants will:

- Engage more effectively through actively listening
- Understand the difference between ‘hearing’ and ‘listening’
- Learn the techniques to listen actively
- Increase their awareness of communication behaviors
- Understand how emotions affect their ability to listen
- Learn to paraphrase and restate for clarification
- Be able to manage and encourage constructive collaboration

Modules

Lesson 1: Getting Started
- Pre-Assignment Review
- Workshop Objectives
- Action Plans

Lesson 2: How Well Do You Actively Listen?
- Group Activity

Lesson 3: What Affects Listening?
- What Affects Listening?
- Things That Prevent Us From Listening
- Listen – Really Listen – Using Minimal Encouragers
- Why Use Minimal Encouragers?

Lesson 4: Determine Your Communication Behaviours
- REACH and Communication Styles
- Step 1: Increase your awareness and adaptability
- Step 2: Adapt your approach

Lesson 5: Verbal Communication Skills
- Listening and Hearing; They Aren’t The Same Thing
- Focused Listening
- Asking Questions
- Open Questions
- Closed Questions
- Clarifying Questions
- Body Language

Lesson 6: High Emotion - Low Intelligence
- How to Accurately Perceive Emotions
- Use Emotions to Facilitate Thinking
- Manage Emotions

Lesson 7: Tips and Tricks to Manage a Brainstorming Environment
- Tips and Tricks

Lesson 8: Wrapping Up
- Words from the Wise
- Action Plans

Talk to our expert team

Phone: 3158 3955

Email: enquiries@pdtraining.com.sg