

## BUILDING HIGH PERFORMANCE TEAMS TRAINING

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**COURSE LENGTH: 1.0 DAYS**

This Building High Performance Teams training course from PD Training helps team leaders gain important knowledge and tools for building high performance teams. It takes a comprehensive look at how to identify different types of teams, recognize and interpret the five stages of team development, inspire and motivate team members, develop strategies for dealing with team conflict and common problems and many more!

This training course is now available in Singapore.

This Building High Performance Teams training course can be delivered at your premises anywhere in Singapore by one of our expert local or international trainers.

Contact us today for a group quote.

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## BUILDING HIGH PERFORMANCE TEAMS TRAINING COURSE OUTLINE

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### FOREWORD

High performance teams require a team leader who is aware of the various tools needed when bringing together a group of energetic but differing types of personalities. Effective team leaders use a variety of techniques and skills for building high performance teams.

Success as a manager heavily depends on how well a team operates and what kind of results it achieves. Is your team able to solve problems? Can they resolve conflict? Are they enthusiastic and motivated to do their best? Do they work well together?

This training course in building high performance teams provides managers help in developing their team leadership skills and unleash the talent of each individual team member.

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### OUTCOMES

This training course in building high performance teams is the fastest way to gain a comprehensive understanding of all essential features of effective team building, and gain skills in using them expertly in building perfect teams.

**After completing this course, participants will have learned to:**

- Identify different types of teams
  - Recognize and interpret the five stages of team development
  - Establish team norms
  - Inspire and motivate team members
  - Build teamwork by applying the twelve characteristics of an effective team
  - Promote trust and rapport by exploring your team player style, and find how it impacts group dynamics
  - Recognize the key elements that move a team from involvement to empowerment, and give these elements to your team
  - Develop strategies for dealing with team conflict and common problems
  - Build teams using TORI
  - Develop a good team player
  - Communicate effectively
  - Engage in active listening
  - Build consensus through understanding
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### MODULES

#### Lesson 1: Course Overview

- Welcome & Introduction
- Workshop Objectives
- Types of Teams

#### Lesson 2: Tuckman's Five Stages of Team Development

- Forming
- Storming
- Norming

- Performing
- Adjourning

### Lesson 3: Characteristics of Great Teams (I)

- Clear Purpose
- Informality
- Participation
- Listening

### Lesson 4: Characteristics of Great Teams (II)

- Civilized Disagreements
- Consensus Decisions
- Open Communication
- Clear Roles & Work Assignments

### Lesson 5: Characteristics of Great Teams (III)

- Shared Leadership
- External Relations
- Style Diversity
- Self-Assessment

### Lesson 6: Team Player Types

- Inquiring Rationals
- Authentic Idealists
- Organized Guardians
- Resourceful Artisans
- The Trust/Relationship Model

### Lesson 7: Creative Thinking

- Brainstorming
- Brain-writing
- Mind-mapping
- Six Thinking Hats

### Lesson 8: Solving Problems

- Problem Identification
- Decision Making
- Planning & Organizing

### Lesson 9: Team Planning Tools

- SWOT Analysis
- Planning Tools
- Improvement Plans

### Lesson 10: Workshop Wrap Up

- Workshop Review
- Team Action Plans

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## WEB LINKS

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- [View this course online](#)
- [In-house Training Instant Quote](#)